

Brief biography

Information:

Podobreev Alexander Mikhailovich (Podobreev Alexander), Japanese name Mamoru Odzisan (Mamoru Odzisan),

Born in the city of Grozny, Chechen-Ingush Autonomous Soviet Socialist Republic.

Cities of residence:

Hong Kong, Moscow region g. o. Domodedovo.

Types of martial art:

Shotokan Karatedo (Japanese martial art), Tang Su Do (Korean martial art).

Sports and other achievements:

Karate has been practiced since 1972.

One of the founders of Shotokan Karatedo in the USSR and the CIS.

- In 1988, he created the first Shotokan Karatedo Federation in the USSR "SKS USSR" and led it. Since 1991, the Shotokan Karatedo Federation "SKS USSR" has been re-registered as the International United Shotokan Karatedo Federation (USKF), and in 2003 into the World Federation.

- President and Chief Instructor of the World United Shotokan Karatedo Federation (USKF).

- Chairman of the Panel of Judges of the European Global Karatedo Association (GKA).

- Director and Head Coach of the Representative Office of the Global Karatedo Association (GKA) in the CIS countries.

- President and Chief Instructor of the Karatedo Association "RUSSIA".

- Founder, President and Head Coach of the University of Eastern Martial Arts and Applied Sports.

- Founder and President of the Sports Club and Youth Sports School "PHYSICAL CULTURE AND SPORT (FIS)".

- Active member of the International Academy of Spiritual Unity of the Peoples of the World (IASUPW).

A.M. Podobreev made a great contribution to the development of martial arts in the USSR and the CIS. He brought up and prepared a galaxy of coaches and teachers, judges and high-level athletes. Trained a large number of honored masters of sports, masters of sports of international class, masters of sports: Russia, Ukraine, Belarus, Kazakhstan, Tajikistan and Uzbekistan, champions and prize-winners of the World and European Championships, winners and prize-winners, international and domestic competitions and tournaments.

Organized and held many sports events in the USSR, CIS countries, Europe, Asia, America, including: the USSR Championship in 1989 and the USSR Cup in 1990 in Shotokan Karatedo, Championships and World Cups in America (1996), in India (1999), in Serbia and Montenegro (2003), European Championships and Cups in Russia (1999), in Ukraine (2003), in Belarus (2005). Since 1992, he has organized and annually conducts children's tournaments and technical seminars on Shotokan Karatedo in the cities: Grozny and Makhachkala, Nalchik and Stavropol, Samara and Zhigulevsk, Pyatigorsk and Yeysk, Borisov and Minsk, Donetsk and Uzhgorod, Lugansk and Dnepropetrovsk, Donetsk and Lvov, and others. Conducts annual International training camps in the city of Yeysk on the Sea of Azov and in Tuapse on the Black Sea.

A.M. Podobreev participated and participates in competitions among karate veterans. 8-time World Champion and 8-time European Champion, multiple winner of the World and European Championships, winner and prize-winner of internal karatedo competitions.

He made a huge contribution to domestic pedagogy in the framework of the education of children and youth. Instills in them a love for physical education and sports. He educates them in the spirit of patriotism and love for their Motherland, Country.

Founder and editor-in-chief of the magazine on health and sports - "Sport, Martial Arts, Health, Beauty".

A.M. Podobreev is the author of his own methodology "ART OF LIFE". He developed and created a series of hypnopschoenergetic techniques "ART OF LIFE", which are published in the form of monographs and contain the following areas: "PHYSICAL KARATE" and "REJUVENATION KARATE", "PSYCHOLOGICAL KARATE" and "ENERGY KARATE", "PSYCHOENERGY KARATE" and "HYPNOPSCHOENERGY KARATE" ". These are training methods for the mind, spirit and body to overcome negative programs and attitudes, which are aimed at achieving physical and spiritual self-improvement, healing and harmony, restoring lost youth and strength, inspiration and self-realization, perfection and creativity, prosperity and success, abundance and wealth. , peace and joy, happiness and love. Currently, these methods are being published and will be published in the near future.

Qualification data (given, degrees, etc.):

Alexander Mikhailovich Podobreev is a pupil of the Japanese Karatedo School. Initiated as a samurai of the Isuzi clan. Shihan, 8th dan karate.

4th dan Tang Su Do (Korean martial arts).

Master of sports of the International class in karate.

International karate judge of the highest category "A".

International class coach in karate of the highest category "A".

Graduated from the Kyiv State Pedagogical Institute of Physical Education. Coach-teacher, teacher. Candidate of Pedagogical Sciences.

He was trained in special courses for elite bodyguards of the Japanese Court of His Imperial Majesty.

Pupil of the Japanese Esoteric School. Lived in a monastery in Tibet. Esoteric. Healer.

Graduated from Moscow University, Institute of Psychology. Psychologist, transpersonal psychologist, hypnopsychologist.

Academician of the International Academy of Spiritual Unity of the Peoples of the World (IASUPW);

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Photo:



Eurasia Championship. Tatarstan, city of Kazan. Individual kata competition.



JKS President Tanaka T.
and Podobreev A.



Golovin V., Tanaka T., Podobreev A., Naberezhnye
Chelny, technical seminar and competition.



Ukraine, city of Chernivtsi, technical seminar of Funakoshi.



Serbia and Montenegro, Subotica, World Cup and Okuyama seminar.



City of Pyatigorsk, Regional tournament.



Training process.



City of Yeysk, Cup of the Sea of Azov.



City of Donetsk, Ukrainian SSR, 1981



City of Rostov-on-Don, 1992.



The city of Novocherkassk, 1983. I conduct a seminar for army special forces and riot police.



The city of Nalchik, Kabardino-Balkaria, 1988.



The city of Budennovsk, Stavropol Territory, 1988.



City of Minsk, Belarus, 1989.



City of Tobolsk, Tyumen region, 1989



City of Uzhgorod, Zakarpattia region, Ukraine, 1993.



City of Omsk, 1990, Conducting a technical seminar.



City of Vladivostok, Primorsky Territory, 1991, Conducting a technical seminar.